

LCD Therapy offers relief from chronic pain

An alternative to surgery, treatments help many patients

If you have chronic neck or back pain, a new therapy can dramatically reduce that pain for many people. Every year, more than 14.3 million medical office visits are reported for back pain. It's the second most frequent reason that people visit their doctor. The results of these visits are predictable. The options are often rest, hot and cold packs, pain medication and physical therapy. Chronic sufferers often hear that only two paths exist — either live with the pain, or undergo surgery.

According to Michael Lagana, D.C. of Backsmart Wellness Center, Edison, LCD Therapy offers a fresh new alternative to those who suffer from neck and back pain. LCD Therapy is a non-invasive, in-office procedure that may offer quick relief as well as long-term results for herniated, bulging or degenerated discs, sciatica, and low-back pain.

LCD Therapy uses an FDA-registered computerized mechanism that provides for exacting treatment of the cervical spine (neck) as well as the lumbar spine.

Lagana states, "This is the newest approach to nonsurgically treat the actual cause of

back pain. If you have bulging and herniated discs, sciatica, post-surgical failures, arthritis and related challenges, you have an altogether new chance to possibly relieve nagging and chronic pain. Thousands of people across the country are using LCD Therapy and reporting impressive results. Up to 70 percent of those who try LCD Therapy are reporting relief of their pain. They are requiring less medication and are able to enjoy normal everyday activities again."

"MRI images suggest that LCD Therapy may help the body to re-hydrate the discs. I am not aware of any other therapy - whether physical, chiropractic, invasive injections or surgery — that provide this type of success rate," he adds.

Lagana explains, "Treatment is non-invasive and does not require drug therapy. The procedure uses a proprietary FDA-registered computer-controlled machine to provide gentle distraction of the afflicted spinal areas. Many patients have been successfully treated with LCD Therapy. It delivers genuine decompression to the area of the spine that needs it, which may offer immediate relief to and

may allow the body to flood the area with oxygen and blood, plus vital nutrients of which the area has typically been starved."

Many patients report that decompression effects of the LCD Therapy treatment begin almost immediately. "Some patients report pain relief after only a few sessions. LCD Therapy enables many patients to return to work and return to a more active and fulfilling lifestyle faster than anything I've witnessed," Lagana reports.

He says the benefits of decompression therapy are as follows:

- No surgery.
- No injections or needles.

- Procedure is non-invasive;
- There is no recovery period;
- Average treatment time is about four weeks with minimal follow-up.

"Many people are suffering needlessly. LCD Therapy can help back pain sufferers get their lives back, and we're pleased to offer it. With a simple examination, we can determine if someone is a candidate for LCD Therapy," Lagana says.

Backsmart Wellness Center, P.A., is located at 760 Amboy Ave., Edison. Call (732) 661-1121 or visit the Web site: backsmart.net.

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